USA TRACK & FIELD



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Dear RRCA Measurement Seminar Students,

May 8, 2001

Here are the results of our work. It is divided into two pages. The first page (lines 1-53) is simply the data that was collected during the seminar. This page contains no calculations. The second page (lines 56-93) contains calculations based on the data, for all attendees.

Because of time and weather constraints, we did not do everything in a "standard" manner. We had intended to have attendees do some steel-taping, but because of the rain this did not happen. It is not difficult. Please read the copy of *Course Measurement Procedures*, which you received at the seminar, to see how it is done. We had you do two pre-calibrations and two post-calibrations, instead of the standard 4. Also we used 150 meter calibration courses, rather than the mandated minimum of 300 meters. While the teaching methods were modified to fit the situation, the results are probably close to what would have been obtained had we had more time.

The measurement venue, in the subdivision across the street from the hotel, contained an inordinate number of turns relative to its length. This causes results to vary more than they would on a longer course. Also, some corners, due to the sloping curbs used in the area, were not as clearly-defined as we would have liked. This also caused variation.

In calculating length, we used the average of all 4 calibration rides to obtain the day's constant. This is non-standard. The preferred method is to calibrate, calculate a pre-calibration constant, measure the course, recalibrate, and calculate a post-calibration constant. The preferred constant is the larger of precal and postcal. Usually, but not always, this will be the precal constant.

A CHANGE TO THE TEXT: On page 6 (paragraph 1) of Course Measurement Procedures, the source for Jones/Oerth counters is obsolete. The correct source is:

Jones/Oerth Counters - Write to: Paul Oerth - 2455 Union St - Apt 412 - San Francisco, CA 94123. Phone: 415-346-4165 Fax 415 346 0621. Email: Poerth@aol.com. US Price is \$65 for the 5 digit model, \$75 for the 6 digit model, postpaid. Foreign price is \$70/\$80 plus postage. Foreign orders shipped by airmail. Visa, MasterCard, American Express cards accepted. Note: Payment in advance is required.

I hope this brief introduction to course measurement inspires you to begin. The best start is to go to the hardware store, buy a steel tape (fiberglass won't do), measure a calibration course near your home and send the data to your state certifier to get it certified. There is no application fee for a calibration course. This will get you started.

Order a Jones/Oerth counter, and when it arrives play around with it on your new calibration course. Your knowledge will grow as you experiment.

Don't be afraid to make mistakes. We all do it. Your certifier will help you if you have any questions or problems. You can learn a lot at the RRTC web site: http://www.rrtc.net Explore it and learn.

If you have any questions at all, please get in touch with me. I'll be happy to help out.

Thanks to Don Shepan, our New Mexico certifier, and RRCA's Peter Casals, who together organized the seminar, and Texas certifier Tom McBrayer, who traveled from Houston to help with the instruction.

Best regards,

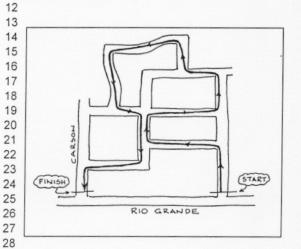
RESULTS OF MEASUREMENTS TAKEN AT RRCA MEASUREMENT SEMINAR - MAY 4, 2001

4	Measurers	Abbrev
		Applev
	Becky Ryder	BR
3	Charlie Van Etten	CVE
4	David Cotter	DC
5	David Epstein	DE
6	Dave Jankowski	DJ
7	Donna Sellers	DS
8	Joe Sellers	JS
	Pete Riegel	PR
10	Ralph Collins	RC

11

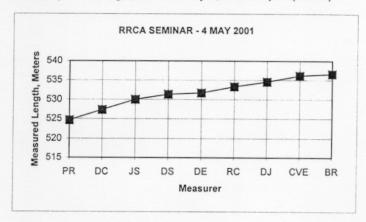
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30



The Course

The faculty: Pete Riegel, Tom McBrayer, Don Shepan (leader)



How things came out

31 Calibration course length = 150 meters

33 Raw data as taken

33 Raw data as taken									
34	BR	CVE	DC	DE	DJ	DS	JS	PR	RC
35 Pre-Calibration									
36 Begin ride 1	23800	23369	25430	27900	22800	16452	97580	49710	24639
37 End ride 1	25565	25038	27238.5	29659	24452	18191	99382	51525.5	26398
38 Begin ride 2	25650	25064	27238.5	29659	24600	18225	99600	51525.5	27203
39 End ride 2	27416	26512	29047	31418	26251	19965	101401	53341	28962
40									
41 Post-Calibration									
42 Begin ride 1	44268	43051	46050	56850	42100	36751	18600	70360	47258
43 End ride 1	46039	44716	47858.5	58610	43754	38492.5	20406	72175.5	49019.5
44 Begin ride 2	46129	44716	47858.5	58610	43800	38646.5	20600	72175.5	49240
45 End ride 2	47899	46385	49667	60369	45455	40388	22406	73990.5	51002
46									
47 Course Measurement									
48 Begin ride 1	28716	28592	30395	41623	27500	21397	2750	54700	32023
49 End ride 1	35116	34541	36759	47865	33421	27580	9141	61065	38313
50 Begin ride 2	36183	35575	37850	48943	34400	28647	10420	62160	39324
51 End ride 2	42514	41539	44217	55186	40297	34818.5	16799.5	68516	45589
52									
53 Calculated length, m	536.98	536.14	527.31	531.68	535.06	531.34	530.61	524.66	533.30

56 Calculations

57		CVE	DC	DE	DJ	DS	JS	PR	RC
58	BR	CVE	DC _	DE		00			
59 Pre-Calibration	T 4705	4000	4000 5	1759	1652	1739	1802	1815.5	1759
60 Ride 1 counts	1765	1669	1808.5		1651	1740	1801	1815.5	1759
61 Ride 2 counts	1766	1448	1808.5	1759		1739.5	1801.5	1815.5	1759
62 Average	1765.5	1558.5	1808.5	1759	1651.5	1739.5	1001.5	1015.5	1759
63 64 Calculated pre-calibrat	ion constar	nt = 1.001 X	(average)	/ calibratio	n course le	nath, cour	its per met	er	
65	11 78177	10 40039	12 06872	11.73839	11.02101	11.60826	12.02201	12.11544	11.73839
66	11.70177	10.10000	1					<u></u>	
67 Post-Calibration									
68 Ride 1 counts	1771	1665	1808.5	1760	1654	1741.5	1806	1815.5	1761.5
69 Ride 2 counts	1770	1669	1808.5	1759	1655	1741.5	1806	1815	1762
70 Average	1770.5	1667	1808.5	1759.5	1654.5	1741.5	1806	1815.25	1761.75
71									
72 Calculated post-calibra	ation consta	ant = 1.001	X (average) / calibrati	on course	length, coι	ints per me	eter	
73	11.81514	11.12445	12.06872	11.74173	11.04103	11.62161	12.05204	12.11377	11.75675
74									
75 Dav's Constant (larger	of precal co	onstant and	d postcal c	onstant) (p	referred co	nstant for	course lay	out)	
75 Day's Constant (larger	of precal co	onstant and	d postcal c	onstant) (p	referred co 11.04103	11.62161	12.05204	out) 12.11544	11.75675
75 Day's Constant (larger 76	of precal co 11.81514	onstant and 11.12445	d postcal c 12.06872	onstant) (p 11.74173	11.04103	11.62161	course lay 12.05204	out) 12.11544	11.75675
75 Day's Constant (larger 76 77	11.81514	11.12445	12.06872	onstant) (p 11.74173	referred co 11.04103	11.62161	course lay 12.05204	out) 12.11544	11.75675
75 Day's Constant (larger 76 77 78 Average Constant (bes	11.81514	11.12445	12.06872 coses)	11.74173	11.04103	11.62161	12.05204	12.11544	
75 Day's Constant (larger 76 77 78 Average Constant (bes 79	11.81514	11.12445	12.06872 coses)	onstant) (p 11.74173 11.74006	11.04103	11.62161	12.05204	12.11544	
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80	11.81514	11.12445	12.06872 coses)	11.74173	11.04103	11.62161	12.05204	12.11544	
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80 81 Course Counts	11.81514 st for compa 11.79845	11.12445 arative purp 10.76242	12.06872 poses) 12.06872	11.74173	11.04103	11.62161	12.05204	12.11544	
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80 81 Course Counts 82 Ride 1	11.81514 et for compa 11.79845	11.12445 arative purp 10.76242 5949	12.06872 poses) 12.06872	11.74173 11.74006 6242	11.04103 11.03102 5921	11.62161	12.05204	12.11544	11.74757
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80 81 Course Counts 82 Ride 1 83 Ride 2	11.81514 st for compa 11.79845	11.12445 arative purp 10.76242	12.06872 poses) 12.06872	11.74173	11.04103	11.62161	12.05204	12.11544	11.74757 6290
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80 81 Course Counts 82 Ride 1 83 Ride 2 84	11.81514 et for compa 11.79845 6400 6331	11.12445 arative purp 10.76242 5949 5964	12.06872 coses) 12.06872 6364 6367	11.74173 11.74006 6242 6243	11.04103 11.03102 5921	11.62161	12.05204	12.11544	11.74757 6290
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80 81 Course Counts 82 Ride 1 83 Ride 2 84 85 Course length (meters	11.81514 et for compa 11.79845 6400 6331) = course o	11.12445 arative purp 10.76242 5949 5964 counts / Da	12.06872 coses) 12.06872 6364 6367 y's Consta	11.74173 11.74006 6242 6243	11.04103 11.03102 5921 5897	11.62161 11.61494 6183 6171.5	12.05204	12.11544	11.74757 6290
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80 81 Course Counts 82 Ride 1 83 Ride 2 84 85 Course length (meters 86 Ride 1	11.81514 st for compa 11.79845 6400 6331) = course o	11.12445 arative purp 10.76242 5949 5964 counts / Da 534.77	12.06872 coses) 12.06872 6364 6367 y's Consta 527.31	11.74173 11.74006 6242 6243 nt 531.61	11.04103 11.03102 5921 5897 536.27	11.62161 11.61494 6183 6171.5	12.05204 12.03703 12.03703 6391 6379.5	12.11544 12.1146 6365 6356	11.74757 6290 6265 535.01
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80 81 Course Counts 82 Ride 1 83 Ride 2 84 85 Course length (meters 86 Ride 1 87 Ride 2	11.81514 et for compa 11.79845 6400 6331) = course o	11.12445 arative purp 10.76242 5949 5964 counts / Da	12.06872 coses) 12.06872 6364 6367 y's Consta	11.74173 11.74006 6242 6243	11.04103 11.03102 5921 5897	11.62161 11.61494 6183 6171.5	12.05204 12.03703 12.03703 6391 6379.5	12.11544 12.1146 6365 6356 525.36	11.74757 6290 6265
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80 81 Course Counts 82 Ride 1 83 Ride 2 84 85 Course length (meters 86 Ride 1 87 Ride 2 88	11.81514 st for compa 11.79845 6400 6331) = course of 541.68 535.84	11.12445 arative purp 10.76242 5949 5964 counts / Da 534.77 536.12	12.06872 coses) 12.06872 6364 6367 y's Consta 527.31 527.56	11.74173 11.74006 6242 6243 nt 531.61 531.69	11.04103 11.03102 5921 5897 536.27 534.10	11.62161 11.61494 6183 6171.5 532.03 531.04	12.05204 12.03703 12.03703 6391 6379.5 530.28 529.33	12.11544 12.1146 6365 6356 525.36	11.74757 6290 6265 535.01
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80 81 Course Counts 82 Ride 1 83 Ride 2 84 85 Course length (meters 86 Ride 1 87 Ride 2 88 89 Course length (meters 88 89 Course length (meters 89 Course length	11.81514 st for compa 11.79845 6400 6331) = course o 541.68 535.84) by average	11.12445 arative purp 10.76242 5949 5964 counts / Da 534.77 536.12 e constant	12.06872 coses) 12.06872 6364 6367 y's Consta 527.31 527.56 - for comp	11.74173 11.74006 6242 6243 nt 531.61 531.69 arison with	11.04103 11.03102 5921 5897 536.27 534.10 self-calcu	11.62161 11.61494 6183 6171.5 532.03 531.04	12.05204 12.03703 6391 6379.5 530.28 529.33	12.11544 12.1146 6365 6356 525.36 524.62	6290 6265 535.01 532.89
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80 81 Course Counts 82 Ride 1 83 Ride 2 84 85 Course length (meters 86 Ride 1 87 Ride 2 88 89 Course length (meters 90 Ride 1	11.81514 at for compa 11.79845 6400 6331) = course of 541.68 535.84) by average 542.44	11.12445 arative purp 10.76242 5949 5964 counts / Da 534.77 536.12 e constant 552.76	12.06872 coses) 12.06872 6364 6367 y's Consta 527.31 527.56 - for comp	11.74173 11.74006 6242 6243 nt 531.61 531.69 arison with 531.68	11.04103 11.03102 5921 5897 536.27 534.10 self-calcu 536.76	11.62161 11.61494 6183 6171.5 532.03 531.04 lated lengt 532.33	12.05204 12.03703 6391 6379.5 530.28 529.33 h 530.95	12.11544 12.1146 6365 6356 525.36 524.62	6290 6265 535.01 532.89
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80 81 Course Counts 82 Ride 1 83 Ride 2 84 85 Course length (meters 86 Ride 1 87 Ride 2 88 89 Course length (meters 90 Ride 1 91 Ride 2	11.81514 at for compa 11.79845 6400 6331) = course of 541.68 535.84) by average 542.44 536.60	11.12445 arative purp 10.76242 5949 5964 counts / Da 534.77 536.12 e constant 552.76 554.15	12.06872 coses) 12.06872 6364 6367 y's Consta 527.31 527.56 - for comp 527.31 527.56	11.74173 11.74006 11.74006 6242 6243 nt 531.61 531.69 arison with 531.68 531.77	11.04103 11.03102 5921 5897 536.27 534.10 self-calcu 536.76 534.58	11.62161 11.61494 6183 6171.5 532.03 531.04 lated lengt 532.33 531.34	12.05204 12.03703 12.03703 6391 6379.5 530.28 529.33 h 530.95 529.99	12.11544 12.1146 12.1146 6365 6356 525.36 524.62	6290 6265 535.01 532.89 535.43 533.30
75 Day's Constant (larger 76 77 78 Average Constant (bes 79 80 81 Course Counts 82 Ride 1 83 Ride 2 84 85 Course length (meters 86 Ride 1 87 Ride 2 88 89 Course length (meters 90 Ride 1	11.81514 at for compa 11.79845 6400 6331) = course of 541.68 535.84) by average 542.44	11.12445 arative purp 10.76242 5949 5964 counts / Da 534.77 536.12 e constant 552.76	12.06872 coses) 12.06872 6364 6367 y's Consta 527.31 527.56 - for comp	11.74173 11.74006 6242 6243 nt 531.61 531.69 arison with 531.68	11.04103 11.03102 5921 5897 536.27 534.10 self-calcu 536.76	11.62161 11.61494 6183 6171.5 532.03 531.04 lated lengt 532.33	12.05204 12.03703 6391 6379.5 530.28 529.33 h 530.95	12.11544 12.1146 6365 6356 525.36 524.62	535.01 532.89 535.43